

THE ENERGETICS OF LANGUAGE

THE WORKSHOP

Erica Barnhart

1

*"For every action
there is an equal
and opposite
reaction."* Isaac Newton

2

*"The total entropy of
an isolated system
can never decrease
over time."*

*Second Law of
Thermodynamics*

3

15,000

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Unleash the Energetics of
Language by:

1. Killing the ANTs.
2. Getting your being in line with your doing.
3. Putting your (high energy) words on a mission.

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#1 Kill the Ants

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ANT Hit Parade: Personal

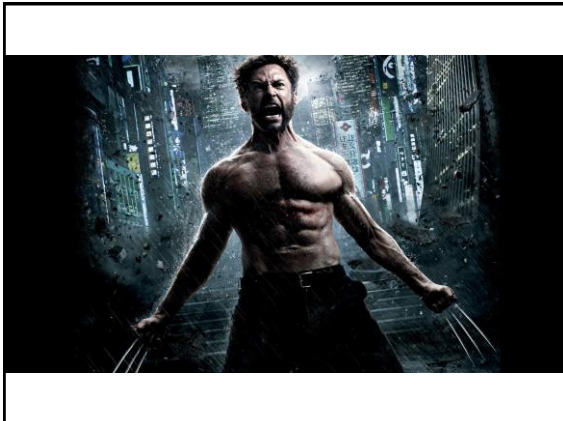
1. Money (or lack thereof)
2. Perfect body (or lack thereof)
3. Awesome career (or lack thereof)
4. Super soulmate (or lack thereof)

7

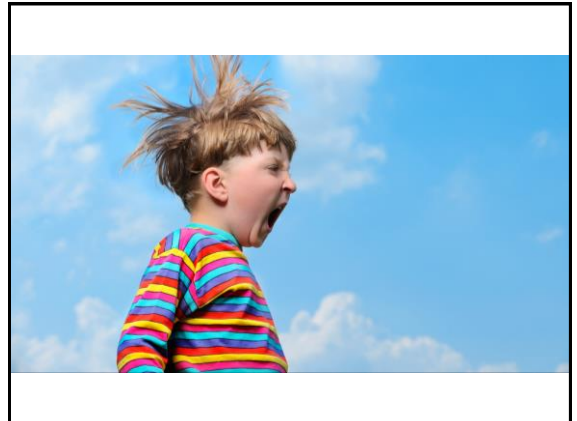
ANT Hit Parade: Nonprofits

1. Money (or lack thereof)
2. Awesome board (or lack thereof)
3. Happy staff (or lack thereof)

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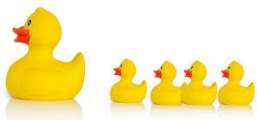


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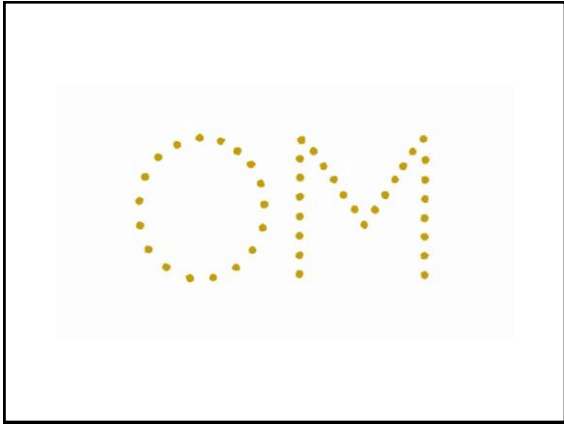
#2
Get your being in line with your doing



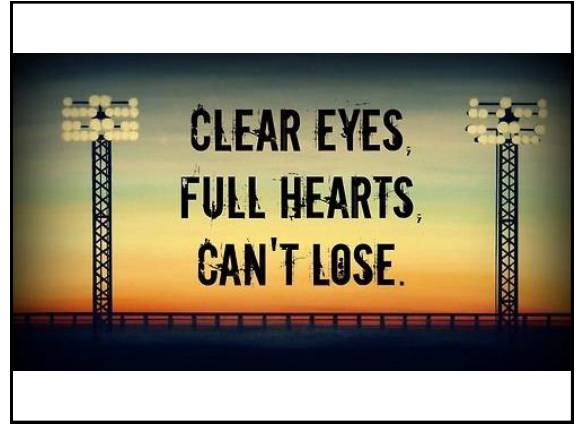
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TRICK: Mantra-fy Your Life

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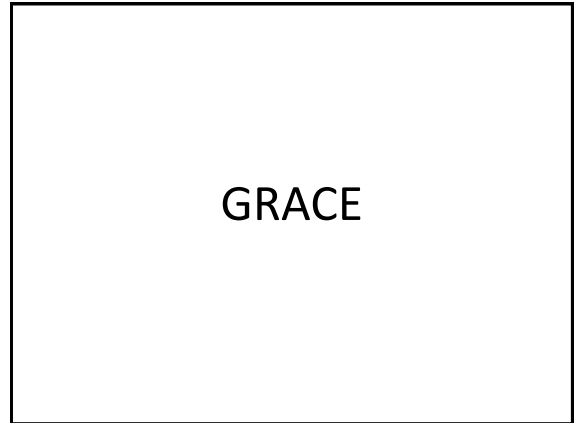
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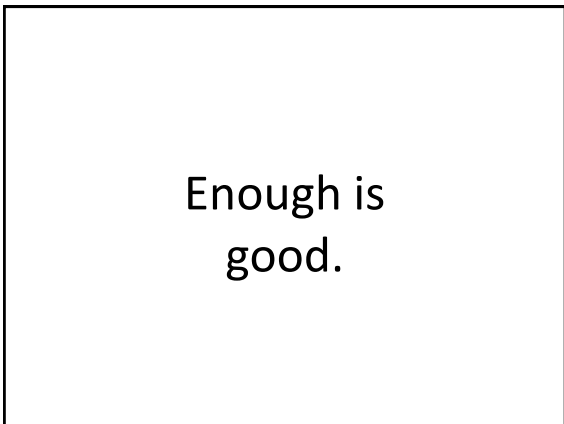
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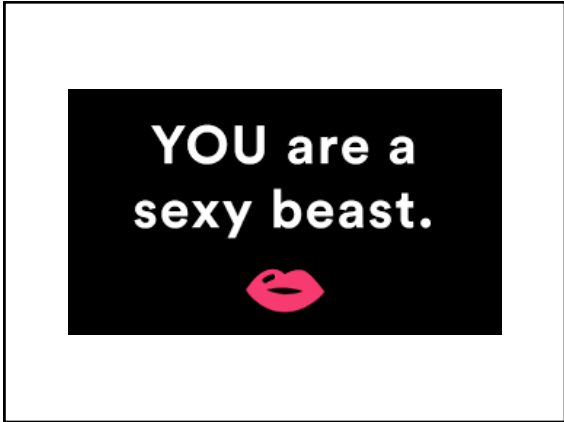
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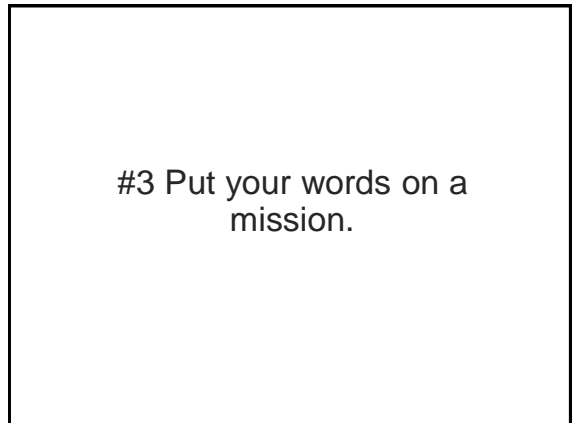
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1. Create a doing/being list.
2. What's your mantra going to be?

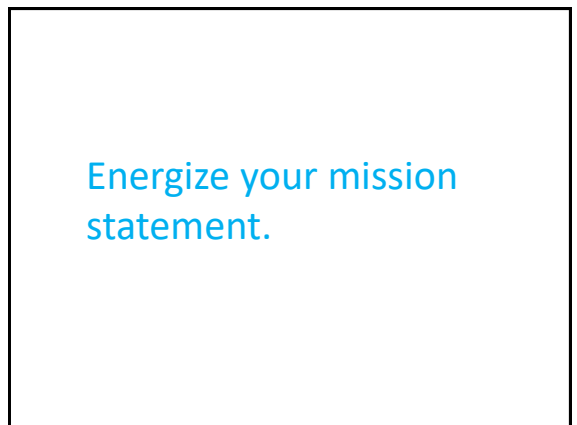
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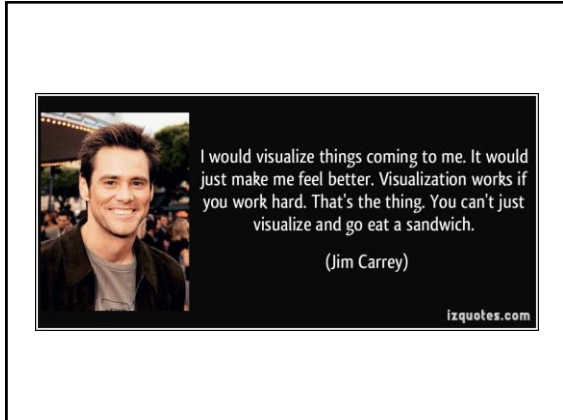
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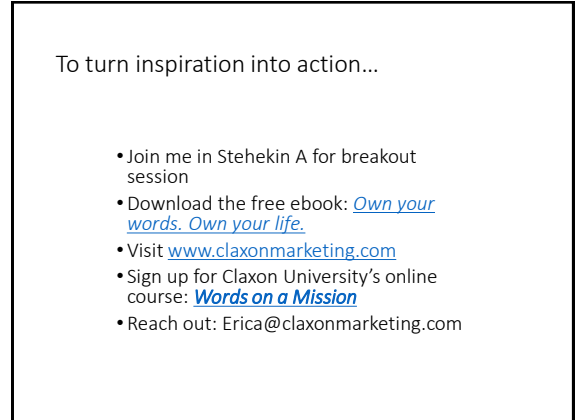
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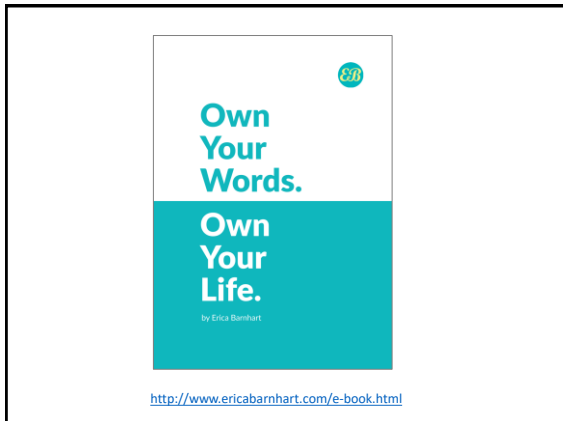
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